

## Homeroom/Core GOAL 2 Lesson

### Title: The Bullying Circle

December 23, 2009

**Goal:** Provide a safe and nurturing environment for all students.

#### **Objectives:**

1. To learn about the bullying “circle” and discuss roles students have in bullying situations.
2. To understand all students are involved in bullying even if they don’t do anything about it.
3. To discuss ways to defend or help in bullying situations.

#### **Materials needed:**

This lesson plan

Bullying Circle Exercise (attached)

Bullying Circle role cards (attached)

Anti-bullying rules and Class meeting rules (attached to first month’s lesson)

**(Source: Olweus Bullying Prevention Program)**

#### **Procedures:**

1. Review and post class meeting rules and our school’s 4 anti-bullying rules. Or have a student write the rules on the chalkboard.
2. Remind students that bullying is being mean or hurtful on purpose, it happens over and over again, and it involves an imbalance of power.
3. State above objectives for today’s lesson.
4. Follow “Bullying Circle Exercise” directions:
  - Pick 7 students to explain bullying roles
  - Assign yourself the role of the victim instead of using an 8<sup>th</sup> student!**
  - Have the 7 chosen students line up in a horseshoe based on the letter on their card.
  - Follow directions for bullying circle exercise (attached).

#### Closure/Messages:

1. If you don’t DO anything when you see bullying, you have made a choice and still have a part in the bullying situation as a PASSIVE SUPPORTER OR DISENGAGED ONLOOKER.
2. Speak up, DO something, and get help if you see or experience bullying.  
Be a DEFENDER!